After taking a few implicit bias tests, I was surprised at some of my results. I am aware that all of us have some biases, some that we are even unconscious of, that are shaped from our experiences. One of the results that surprised me was that I have a strong automatic preference for gay people over straight people. As a straight person myself, I found it interesting that my preference was “strong” instead of “slight” or “moderate”. However, I have been around gay people since I was a child and I also have a close family member, as well as several friends, who are gay. I consider myself a strong ally of the LGBTQ+ community so I feel like I have some build up resentment, maybe even subconsciously, towards the straight people who want to take rights away from gay people. I do not assume every straight person I meet hates gay people, but I have just felt comfortable assuming so, especially towards straight men. With my experience as a PT tech the last two and a half years, I do not think I have treated any of the patients I presumed as straight different than anybody else. However, whenever I have met a patient who I presumed was gay, I felt like I had more of a connection with them, like we had something in common like: “Oh you’re gay? Cool, my sister is gay and also several of my close friends!”. Although I feel like I am siding with the minority here, it is not fair to feel cold towards straight men right away, especially in a work setting. Even though I have had gay people in my life since I was young, I have also been surrounded by homophobia which has always bothered me and probably why I have a strong automatic preference towards gay people. I need to be aware that not all straight people are homophobic, and even though I may come into contact with people who I think may be homophobic as patients, I cannot let that affect their care. I need to think of the patient as a whole, a human being that has their own life experiences with their own biases, implicit or not. That patient probably did not have the same upbringing as I did and maybe their parents were homophobic. Understanding where people come from and talking about it effectively can bring light to implicit biases.