

India Henry

CYSE 201 - 7:25

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*Complete the Social Media Disorder [scale](#). How did you score? What do you think about the items in the scale? Why do you think that different patterns are found across the world?*

On the Social Media Disorder Scale, I scored 2/9. I think some of the items on the scale highlight obsessive behavior when it comes to social media and personally I cannot see myself becoming that attached to any of my social media accounts. I think all the items on the list highlight problems surrounding social media but some, I think, are more reasonable than others. The ones where it talks about having conflict with other people about social media use, I feel, are more outrageous than the ones talking about just wanting to spend time on social media rather than your other obligations. I think when social media isn't your job and you don't feel any obligation to it, it's going to have more draw than serious obligations like school work or projects for your job.

When social media starts impacting your day-to-day relationships is when a huge problem arises and when social media is all you can think about it also poses an issue. I think the pattern that jumps out the easiest around the world and this scale is that people in more developed countries probably rank higher on the Social Media Disorder scale than people in lesser developed countries; similarly, people who are upper class probably rank higher on the scale than people who are middle or lower

class. I think this is because people who are in more developed countries or are upper class have more time and access to social media than people in lesser developed countries or in lower classes. People who are in lower classes are probably more focused on working or school because they need the money or education to stay afloat and can't let social media distract them. However, when you are already financially stable and know you will be for the foreseeable future, your drive to focus on things like work or school might be lower than people who live paycheck to paycheck.