Dominique

As I reflect on this semester, I realized that this semester was extremely rough. I don’t know if it was my course load or my job or my home life, but I seemed to struggle throughout the months. Cell biology was not something that I struggled with and for that I am so happy. I felt like I got an abundance of information in a non-threating way. I also really appreciate a professor who likes what they do, it is very evident that Professor Steel loves cell biology and enjoys sharing it with her students.

I didn’t know what to expect coming into this course and I feared that much like other required courses it would be boring and useless information. I believe that I learned from this class. The course load seemed reasonable until the end with the two research papers. Which under normal conditions wouldn’t have been terrible but it came at a time where all my professors required a lot of me. I believe that my grade turned out better then I expected. If nothing else the rough semester has taught me that my lack of studying techniques is not working either. What used to work for me is no longer working for me and I feel I am always behind because of it.

Although there is a ton of important things that I learned from this semester, I learned that I need to work on your time management and make sure I use you time wisely. Don’t forget to start your research papers before they are due, like at least a week before they are due. I guess the last and most important thing to do is breathe and remember that although you are struggling now it will be worth it in the end. Don’t be so hard on yourself!

I hope that I will remember this and what this semester has taught me throughout the rest of my life.